Are you accidentally stressing out your dog? You might be if you aren't fluent in dog body language, and sensitive dogs may get so irritated they growl, snap, or even bite.
First, how do I know you might be inadvertently stressing out your dog? I am a trainer with over a decade of experience, working mainly with dogs showing avoidance, overarousal, or aggressive behavior to try to communicate how they feel about what is happening around them.

There are some things humans do that dogs universally tend to dislike but often tolerate from the people they love. How would we know if the dog doesn’t like what you’re doing?

Well, dogs communicate with their bodies, and you can learn how to read how your dog feels about things. If we don’t read our dogs, they sometimes escalate communication to behavior we can’t miss, like growling, snapping, and biting.

**Body language that may show fear, anxiety, arousal, or stress:**

- lip licks or tongue flicks,
- yawns,
- wrinkled brow,
- showing whites of the eyes,
- weight shifted into hind legs,
- crouching,
- moving away,
- jumping,
- mouthing,
- zooming,
- facial grimace,
- panting
HARNESSING AND LEASHING
Does your dog get excited or evade you when you are trying to put on a harness or leash? What about costumes or coats?

PICKING UP OR LIFTING
Does your pup look nervous, run away, crouch low, or even growl when you pick them up?

HUGGING & KISSING
Does your dog tolerate hugs, kisses, and pats on the head without looking away or ducking?

WAKING THEM UP
Does your pup growl, snap, or even bite when startled awake from sleep?

TOUCHING THEIR STUFF
Does your dog run when he has a found item in his mouth? Does he start eating or chewing faster or growl when you get close to his bowl, bone, or bed?

SIGNs YOUR PUP MAY NOT BE OK WITH...

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First, stop doing that stuff. OK, now what?

Get help from a qualified pro like me to change your approach, change your dog's feelings, and teach a new interaction altogether.

Set up a Jump Start call with me to discuss the issues, then we'll start lessons to turn things around.

GET STARTED